

Prep Instructions for PET/CT Scan FDG

Pre-Test

- Refrain from consuming anything except plain clear water for 8 hours leading up to your appointment (6 hours if you are diabetic; additionally, avoid taking diabetic medications during this period).
- Abstain from vigorous physical activity for 24 hours before your appointment.
- If you require assistance to transfer with the aid of a family member, friend, or facility member, please notify us promptly. Failure to do so may result in the need to reschedule your appointment.
- Please arrive 15 minutes before your appointment and ensure you follow the preparation instructions.

Post-Test Precautions

- Limit contact with children and pregnant women for 24 hours after the test.

For questions about your appointment, please call our office during regular business hours at 518-269-3074.