

## **Tattoo and Mark-Free Treatment**

Using a state-of-the-art technology, AlignRT<sup>®</sup>, we're proud to offer radiation therapy treatment that eliminates the need for these tattoos and skin marks.

Traditionally radiation tattoos or marks have been a common step in radiation therapy, but we have invested in AlignRT<sup>®</sup> to enhance patient safety and comfort. AlignRT<sup>®</sup> projects a random series of light patterns on your skin, acting like thousands of virtual tattoos. These images transfer to a software program that monitors your positioning with sub-millimeter accuracy and ensures you are treated in the correct position. AlignRT<sup>®</sup> can also help protect your heart and healthy tissue from radiation damage.

### Just as Effective as Tattoos<sup>1</sup>

AlignRT<sup>®</sup> has been shown in several studies to be at least as accurate as either marks or tattoos and eliminates these unwanted permanent reminders.



## **Frequently Asked Questions**

#### Why are tattoos sometimes used?

Marks and tattoos historically helped set patients up by providing alignment to the desired treatment area and were used as a guide at each radiation treatment visit. On average, patients receive three to four tattoos or marks. Advances in techonology now allow us to offer tattoo and mark-free treatment.

#### Are they permanent?

Yes, some centers use permanent tattoos. On average, patients receive three to four small marks. The needle itself can feel like a needle prick or bee sting. Other centers use temporary marks made with a semi-permanent marker. These marks can be inconvenient during treatment as you have to be careful when exercising, swimming, bathing and washing to not remove them.

# NYOH New York Oncology Hematology Is Proud to Offer Our Patients Tattoo and Mark-Free Treatment.

<sup>1</sup> Shah AP, et al. Clinical evaluation of interfractional variations for whole breast radiotherapy using 3-dimensional surface imaging. Pract Radiat Oncol 2013;3 (1):16-25