

# Organize your care and get the support you need with Navigating Care



## New York Oncology offers an online patient portal, Navigating Care

With **Navigating Care**, you can:

- » Access your health information 24/7
- » Receive personalized patient education
- » Be prepared for your doctor visits
- » Complete forms from home
- » Review lab and test results
- » Communicate with secure messaging
- » Connect with a community of others like you

### How to access **Navigating Care**

1. Make sure the front desk has your current email address on file.
2. After your first appointment at NYOH, watch your email for an invitation with the subject "Join our Patient Portal."
3. Click on the activation link in your invitation.
4. Follow the registration instructions.

### Tips for Accessing **Navigating Care**

- » If you do not receive an email invitation, check both the Spam and Junk folders in your email inbox.
- » Keep your login and password in a secure place where you can find it for future reference, if needed
- » Create a bookmark on your browser: [newyorkoncology.navigatingcare.com](https://newyorkoncology.navigatingcare.com).
- » For additional help, call 800-925-4456 or email [support@navigatingcare.com](mailto:support@navigatingcare.com).



# Introduction to Navigating Care

Read diagnosis and medication info

Access visit notes, labs, vitals and more

View clinic details and recent updates

Track adherence and symptoms

Find support and connect with others

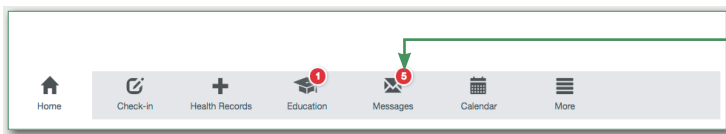
Manage settings or preferences

Track your care team, support and more

Track appointments and events

Communicate via secure message with your care team

## Additional Information



The red circle indicates that something new has been added to that tab.

The "Education" tab contains information specific to your diagnosis and treatment. Gain a better understanding of your diagnosis in the comfort of your home. Learn about medications, what side effects to anticipate and how to manage them.

To identify the new information look for titles in a bolder font.

At the bottom of the "Health Records" tab you can track information and concerns, even if it's not part of your medical record.

Name	Reaction
Gluten	Vomiting

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