

Your Appointment

Date:

Arrival Time:

Location:

Helpful Reminders

Insurance and co-pay

Please bring your current insurance card(s) and co-pay, if applicable.

Arrive on time

The injection ordered for you is time-sensitive. Arriving on time ensures a more accurate scan.

Leave valuables at home

Metal objects, such as jewelry, belt buckles and pocket change, will be removed before the scan.

Canceling appointment

To cancel, you must call scheduling at 518-269-3074 no later than 3:00 p.m. on the day before your scan. If the injection compound for your scan is not used the same day, it must be discarded, which may result in additional charges.

Reports

NYOH arranges for any previous imaging to be sent directly to us unless other arrangements

NYOH
New York
Oncology
Hematology



NYOH PET/CT Locations

Albany Medical Center

43 New Scotland Avenue, Albany, NY 12208

Park in the Physicians Pavilion lot on New Scotland Ave. and enter the hospital through the Physicians Pavilion. NYOH is the 4th door on the right side of the main corridor (1st floor, A Building). Look for the New York Oncology Hematology, PC. ceiling-hung sign.

Albany Cancer Center

400 Patroon Creek Blvd., Suite 1, Albany, NY 12206

Upon entering Patroon Creek Office Park, proceed straight to the bottom of the parking lot. Take a right to reach 400 Patroon Creek Blvd. and look for the NYOH sign above the portico. *Please note: Suite 1 is located at the rear of building 400.*

Amsterdam Cancer Center

1700 Riverfront Center, Amsterdam, NY 12010

From Route 67, go past Riverfront Center and take a right on Route 5. Take the next right onto Liberty Street. Continue past the stop sign, around to the back of the building for NYOH/Amsterdam entrance.

Clifton Park Cancer Center

3 Crossing Blvd. Suite 1, Clifton Park, NY 12065

From Crossing Blvd., park near the side entrance of the building and use the radiation entrance.

Hudson Cancer Center

69 Prospect Avenue, Hudson, NY 12534

You can park in the front or rear entrance parking lot. Then, check-in at the main reception desk on the second floor.

Visit newyorkoncology.com for a map and full driving directions.

NaF-PET

(Sodium Fluoride
PET Bone Scan)



NYOH New York
Oncology
Hematology

Committed to delivering excellent health care services to help our patients continue to tell their story.

What happens when I arrive for my NaF-PET?

When you arrive for your NaF-PET scan, a staff member will register you and have you complete a brief medical history form. Afterward, a staff member will escort you to either the PET/CT Suite or the mobile coach. We may ask you to change into an exam gown.

You will need to drink one to two glasses of fluid (such as water or juice) after receiving the injection. If you have any concerns or anticipate difficulties, please contact the PET/CT staff.

A technologist will inject a small amount of radioactive sodium fluoride (NaF) into your bloodstream. This substance, known as a "tracer," will disperse throughout your body. Rest assured, there is no risk to your health from this injection.

What is PET/CT?

PET stands for Positron Emission Tomography. It is a procedure that produces images of the human body's biological functions. A CT scan is an x-ray that generates a detailed view of the anatomy or structure of organs and tissues in the body. The PET/CT Scan is both a PET scan and a CT scan obtained by the same equipment at the same time, with the patient in the same position. The PET/CT exam uses a radioactive injection to identify areas of cancer in the body.

What is NaF-PET?

Using PET/CT equipment with a different radioactive substance, sodium fluoride (NaF), produces images that result in a highly effective bone scan. Fluoride from the NaF is absorbed into the bone tissue, identifying bone metastasis and other bone pathologies. Studies have demonstrated that NaF-PET has higher diagnostic accuracy than conventional bone scans and also has the advantage of significantly shorter scan times.

How does the NaF-PET procedure work?

After receiving your injection, we will request that you relax in a lounge chair for approximately an hour. (Feel free to bring along some music or reading materials to keep yourself entertained.) Following this, we'll guide you to the bathroom so you can empty your bladder. Then, it's time for the PET/CT scanner machine.

We'll ask you to recline on a scanning bed, which slowly moves through the scanner while it detects the injected tracer. Once the imaging procedure concludes, the scanner transmits the resulting data to a computer. A specially trained radiologist will review the numerous images generated by the computer. Subsequently, your doctor will receive a comprehensive report detailing your examination findings.

How long does the procedure take?

You can expect to be at the PET/CT for approximately two hours. The actual scan takes far less time and depends on the purpose and type of study. A body scan from head to toe usually takes about 15 to 25 minutes. Your family/friends will not be allowed to accompany you once you are ready to receive the injection. They may stay in the waiting room.

How will I feel afterward?

You should feel fine after the scan. There are no side effects from the injected tracer. Drinking fluids after the scan will help promote faster tracer excretion from your body.

Anyone having a NaF-PET must distance themselves from small children and pregnant women for the remainder of the day, due to radiation exposure. Please call the staff for details.

What if I still have questions?

You may contact New York Oncology Hematology PET/CT Imaging staff at (518) 269-3074. We're available to take your calls from 7:30 a.m. to 4:00 p.m.

- If you are coming for your PET from a nursing home, rehabilitation facility, or any outpatient or inpatient living situation, inform the PET/CT staff so they can make special arrangements.
- Anyone breastfeeding must contact the staff for special instructions.
- If you are pregnant or think you might be pregnant, contact the PET/CT staff.

Prep Instructions

- There is no preparation for this exam. You may eat and drink normally and take all your scheduled medications.
- If you require assistance to transfer with the aid of a family member, friend, or facility member, please notify us promptly. Failure to do so may result in the need to reschedule your appointment.

Post-test precautions

- Limit contact with children and pregnant women for 24 hours after the test.

