



CANCER SERVICES

RESOURCE DIRECTORY

Covering Albany, Schenectady, & Rensselaer Counties

Provided By
New York Oncology Hematology, PC

Updated November 2021

(all services listed alphabetically within guide)

CAMPS, RETREATS, & EXPERIENCES FOR PERSONS OF ALL AGES

Camp Bravehearts, Inc.
Camp Erin
Camp Lighthouse
Cindy's Comfort Camp - Children and Teens
Cindy's Retreat - For Adults
Double H Ranch
YMCA Circle of Champs

CAREGIVER & RESPITE SERVICES

The American Cancer Society
Catholic Charities Senior & Caregiver Support Services
Community Caregivers
The Community Hospice
Home Instead
HopeClub
New York State Office for the Aging
Senior Services of Albany

CLINICAL TRIALS

The American Cancer Society
The Leukemia & Lymphoma Society
National Cancer Institute Cancer Information Service
New York Oncology Hematology

COUNSELING & BEREAVEMENT SERVICES

Associates in Mental Health
CancerCare, Inc.
The Community Hospice
Pine Bush Mental Health

DURABLE MEDICAL EQUIPMENT (DME) & HOME MEDICAL EQUIPMENT (HME)

Advanced Care Inc. Apria
Healthcare CORAM
Northeast Home Medical

EMERGENCY ASSISTANCE/SERVICES

Catholic Charities
County Departments of Social Services

FINANCIAL ASSISTANCE

The American Cancer Society
The Assistance Fund CancerCare, Inc.
Catie Hoch Foundation
Departments of Social Services
EPIC (Elderly Pharmaceutical Insurance Coverage)
Program
Get Your Rack Back

FINANCIAL ASSISTANCE CONTINUED

GoodDays
GoodRX
Healthwell Foundation
The Leukemia & Lymphoma Society
Patient Advocate Foundation
PAN Foundation
The Assistance Fund
The Pink Fund
Marathon For A Better Life
Miles of Hope Breast Cancer Foundation

HEALTH EDUCATION

The American Cancer Society
Susan G. Komen for the Cure
The Leukemia & Lymphoma Society
To Life!

HEALTH INSURANCE SERVICES

Cancer Services Screening Program County
Departments for the Aging County Departments of
Social Services Healthy Capital District Initiative
Healthy New York
HIICAP (Medicare Counseling) services
Senior Services of Albany

HOME HEALTH CARE AGENCIES & HOME CARE SERVICE AGENCIES

Advanced Care Inc.
All Metro Health Care Services
Apria Healthcare
The Community Hospice
CORAM
NurseCore
Mary's Haven
Joe Nicole Prince Home
Visiting Nurses Association

HOUSING & LODGING SERVICES

Albany Housing Coalition, Inc.
The American Cancer Society
Becky's House Catholic
Charities Joe's House
Ronald McDonald House

LAUNDRY SERVICES

BS Laundry Club, LLC

LEGAL ASSISTANCE

Albany Law School Clinic & Justice Center
Empire Justice Center
Legal Aid Society of Northeastern NY
The Legal Project
Rural Law Center

NUTRITION SERVICES

Food Pantries for the Capital District
Capital City Rescue Mission
County Departments of Social Services County
Offices for the Aging
Community Caregivers

SERVICE PROVIDERS

Cancer Services Screening Program
The Acupuncture Office
The Community Hospice
The Melodies Center for Childhood Cancer & Blood Disorders at AMC New York
Oncology Hematology (NYOH)
New York State Cancer Services Program
Stratton VA Medical Center
Urological Institute of Northeastern New York
Whitney M. Young Jr. Health Center

SUPPORT GROUPS

New York Oncology Hematology
American Cancer Society
CTC Support Group

SUPPORT SERVICES

American Cancer Society
American Lung Association of NYS Andrew's
Warriors
CancerCare
Caring Together. Inc. Catie Hoch
Foundation
Cleaning for a Reason Foundation
Community Caregivers Floyd's
Warriors Healing Thu Sharing
HopeClub
Jewish Family Services
The Leukemia & Lymphoma Society
Lung Cancer Alliance – Capital Region
Lungevity
Make-A-Wish Foundation
National Cancer Institute Cancer Information Service
Ronald McDonald House
Self-Help for Women with Breast or Ovarian Cancer (SHARE) Simplifying
Lives
To Life!
Young Survival Coalition

SMOKING & TOBACCO CESSATION

American Lung Association of NYS Capital District Tobacco-Free Coalition NYS Quit Line
The Butt Stops Here Program

TRANSPORTATION

American Cancer Society
Capital District Transportation Authority (CDTA)

Catholic Charities Transportation Program Community
Caregivers
County Departments for the Aging
Falcon Club
Jewish Family Services
Senior Services of Albany

WELLNESS & RECREATION

HopeClub of the American Cancer Society
Hope in the Boat
Nancy B. Clemente Cancer Fund
Rudy A. Ciccotte Family Recreation Center
Starlight Children's Foundation Great Escapes Program
To Life!
YMCA Circle of Champs

WIGS, PROSTHESES, & ACCESSORIES

4women
Cooling Caps
The American Cancer Society Look Good
Feel Better Marra's Pharmacy
To Life!
Wigs & other supplies

ORGANIZATIONS AND SERVICES

4women.org

<http://www.4women.com/index.php>
1235 East Blvd. Suite E-266
Charlotte, NC 28203
(941) 362- 0250

Wigs, Prostheses, and Accessories: Pre-tied, pre-fitted, sized, lined, and secured head scarves are designed specifically for hair loss due to chemotherapy, alopecia, and other medical conditions.

Albany Housing Coalition, Inc.

www.ahcvets.org
278 Clinton
Avenue Albany,
NY 12210
(518) 465-5251

Emergency Assistance, Housing, Legal Assistance: Provides housing and case management to local veterans with the mission of ending veteran homelessness. Services include housing counseling, provision of transitional and permanent housing, rapid-response assistance, security deposit assistance, utility assistance, and legal assistance.

Albany Law School Clinic & Justice Center

<http://www.albanylaw.edu/centers/clinic-and-justice-center>

80 New Scotland Avenue

Albany, NY 12208

(518) 445-2328

Legal Assistance: Provides free legal services to individuals and families affected by cancer. The clinic can help individuals arrange future care for children, create wills, obtain Social Security Disability Insurance (SSDI) benefits, address disability discrimination, secure public assistance benefits, address breaches of confidentiality, make emergency health care plans, access health care, and maintain housing arrangements.

All Metro Health Care Service

www.all-metro.com

1450 Western Avenue #104

Albany, NY 12204

(518) 426-0283

Home Care Services: Provides skilled nursing services, rehabilitation, personal care services, and companion services (performing tasks such as grocery shopping, picking up prescriptions, meal preparation, light housekeeping, and social companionship)

American Cancer Society (ACS)

1 Penny Lane

Latham, NY

12110

www.cancer.org

(800) 227-2345

Clinical Trials: A free and confidential clinical trials matching service is available to patients, families, and health care workers who wish to locate clinical trials that match both medical and personal needs. Contact: (800) 303-5691.

Financial Assistance: The Patient Call Center, accessed through the above 800-number, can utilize a nationwide database to identify local and national resources offering financial support.

Health Education: Free material is available on most cancers and treatment processes by calling 800-227-2345 or by visiting the website, www.cancer.org.

Housing: Hope Lodges located across the United States offer safe, home-like, temporary lodging to cancer patients and their loved ones while receiving treatment. In the northeast, locations include Buffalo, Rochester, and New York City in New York, and Worcester and Boston in Massachusetts. This lodging is free and is subject to availability.

Support Services: A variety of supports, resources, and information are available to persons affected by cancer. One-on-one support to those touched by cancer is available through Reach to Recovery (specific one-on-one support for breast cancer patients) or through HopeClub membership. Look Good, Feel Better, a service to combat the visual effects of treatment, provides a free make-up and skin care kit to women going through treatment who attend local sessions. Other support programs are available to adults and children touched by cancer through HopeClub (see directory).

Transportation: Road to Recovery is a program offering transportation for ambulatory cancer patients to their

treatment appointments (chemo, radiation and hormone). Three business days' notice is suggested as availability is subject to the availability of volunteer drivers. Call (800) 227-2345 to schedule appointments.

Wigs, Prostheses, and Accessories: Free wigs, scarves, and other accessories are available for persons in cancer treatment. Items that are available have been donated by wig manufacturers and local salons. Wig fittings are provided at the ACS HopeClub (see directory).

American Lung Association

www.lungne.org
418 Broadway, 1st Floor
Albany, NY 12207
(518) 465-2013

Smoking and Tobacco Cessation: Staffed by respiratory therapists and certified tobacco treatment specialists, the Lung HelpLine is available to answer questions about smoking cessation and the Freedom From Smoking Plus program, and provides telephone counseling from an expert over the course of callers' tobacco cessation journeys. Inspire.com online community, Quit Now, is moderated by Lung HelpLine staff and helps individuals meet other quitters, share their quit dates, and find others who are quitting at the same time.

Support Services: Through the Lung Association's page on Lotsa Helping Hands, <http://lung.lotsahelpinghands.com/caregiving/home/>, caregivers can create private, secure web pages that allow them to keep friends and family updated on medical matters and other aspects of their lives and use a "care coordination calendar" for posting items for which help is needed, such as transportation, meals, household chores and just taking a break.

Anthem - Lincare

<https://www.lincare.com/>
57 Karner Road
Albany, New York 12205
(518) 862-1247

Durable Medical Equipment/Home Medical Equipment: Provides infusion therapies (chemotherapy, hydration, enteral therapy, and more), respiratory products and services, and medical equipment to patients at home.

Apria Healthcare

www.apria.com
12 Petra Lane
Albany, NY 12205
(518) 452-4951

Durable Medical Equipment & Home Medical Equipment: Provides home medical equipment, including hospital beds, ambulatory aids, and bathroom safety items, and durable medical equipment. Also offers Caring Responders, a personal emergency response system (PERS), which can be operated at the touch of a button.

The Assistance Fund

<https://tafcares.org/>
4700 Millenia Blvd., Suite 410

Orlando, FL 32839
(855) 845-3663

Financial Assistance: Disease-specific co-pay assistance programs provide eligible underinsured individuals with financial assistance to cover all or part of their out-of-pocket cost for supported medications. Covered cancers include melanoma, some blood cancers, and breast, bladder, non-small cell lung, kidney, and head and neck cancers.

Associates in Mental Health

<http://mentalhealth-neuropsychology.com>
2310 Nott Street
East Niskayuna, NY 12309
(518) 372-6080

Counseling and Bereavement Services: Provide individual and family mental health and grief counseling.

Becky's House

<http://www.sphcs.org/BeckysHouse>
296 Hackett Boulevard
Albany, NY 12208
(518) 438-1212

Housing: Available to those who come from a distance to be treated at St. Peter's Hospital. Has six bedrooms and shared bathroom facilities and offers the use of kitchen and laundry facilities. Adjacent to St. Peter's Hospital.

BS Laundry Club

<https://bslaundryclub.com/>
Albany, NY 12208
(518) 400-2884

Laundry Services: Provides members with a discounted price for laundry services, pick up and drop off services provided

Camp Bravehearts, Inc.

www.braveheartscamp.org
19 Cambridge Road
Albany, NY 12203
Karen Haag, President: (518) 454-2064

Camp and Retreats: Offering women dealing with cancer a variety of weekend retreats to suit their needs and interests. Through the exercise, crafts, wellness, outdoor, education, and social activities offered at Camp Bravehearts, participants learn new skills, increase self-esteem and confidence, and address the risks and fears that women face during and after treatment. Camp Bravehearts offers 5 different camping weekends per year.

Camp Erin

<http://www.hospicegriefservices.com/camp-erin>
c/o The Community Hospice
445 New Karner Road
Albany, NY 1220
(518) 843-5412

Camps and Retreats: Camp Erin is a free weekend overnight camp for children and teens who are grieving the death of a loved one. Staffed by Community Hospice bereavement counselors, nurses, and trained community volunteers, it combines traditional, fun, high energy camp activities with grief education and support. Campers have the opportunity to remember their loved ones, develop coping skills and enjoy a positive camp experience. Camp Erin is free to all campers ages 6 through 17 who have experienced a loss in their lifetime, regardless of whether or not their loved one was a Hospice patient. The next Camp Erin is usually scheduled for a weekend, Friday through Sunday, in the fall at the facilities of Camp Fowler on Sacandaga Lake in Speculator, New York. Free bus transportation is provided from a central point in the Capital Region.

Camp Lighthouse

Breast Cancer Options
www.breastcanceroptions.org
g
101 Hurley Avenue, Suite 10
Kingston, NY 12401
(845) 339-4673

Camps and Retreats: Camp Lighthouse is an overnight camp for children from 8-14 who have a parent with breast cancer or children who have lost their parents to breast cancer. It is a chance for children to meet others who have had similar experiences. Held in August at the Omega Institute campus in Rhinebeck, NY, it provides a safe, nurturing and fun-loving environment with professional staff members.

CancerCare, Inc.

www.cancercares.org
275 7th Avenue
New York, NY 10001
(800) 813-4673

Counseling Services/Support Services: CancerCare is a national non-profit organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs – including counseling, education, financial assistance and practical help – are provided by trained oncology social workers and are free of charge.

Financial Assistance: CancerCare social workers can provide guidance about financial benefits and sources of help. CancerCare also provides limited grants to people with certain kinds of cancer and for people in certain locations. Generally, CancerCare grants are for transportation to treatment, home care, and child care needs, and are not for basic living expenses.

Cancer Services Screening Program

www.health.ny.gov/diseases/cancer/services/
New York State Department of Health

Corning Tower, Empire State Plaza
Albany, NY 12237
Albany and Rensselaer Counties: (518) 525-8680
Schenectady County: (518) 841-3726

Service Provider: Provides free breast, cervical, and colorectal cancer screenings/diagnostic services to NYS residents who lack health insurance or have high insurance cost shares, and who meet income eligibility and age requirements.

Capital City Rescue Mission

<https://capitalcityrescuemission.org/how-we-help/homeless-services/food/>

259 South Pearl Street
Albany, NY 12202

Services Provided: Provides healthy meals to individuals each day in the community. The mission also has many resources for providing shelter to those in need.

Capital District Tobacco-Free Coalition

<http://www.smokefreecapital.org>

24 Aviation Road, Suite 204
Albany NY 12205
(518) 459-2388

Smoking and Tobacco Cessation: Provides cooperative programs in tobacco use prevention and cessation, advocacy, and community education.

Capital District Transportation Authority

(CDTA) <https://www.cdta.org/half-fare>

<https://www.cdta.org/star-program>

85 Watervliet Avenue
Albany, NY 12206
518-437-8300

Transportation: Citizens age 65 and over, disabled individuals, Medicare card and CDTA half-fare ID card holders are entitled to ride for half-fare on CDTA's fixed route service. CDTA half-fare *Navigator* ID cards are issued by service organizations in Albany, Schenectady, and Saratoga Counties, select CDTA Sales Offices and the CDTA Division in Troy. STAR (Special Transit Available by Request) is a para-transit service offering transportation alternatives to people who cannot use, or have substantial limits using, the CDTA fixed-route bus system because of a disability or impairment. STAR is complementary to CDTA's fixed route bus system, operating within 3/4 of a mile of a CDTA's fixed route bus system on the same days and times that CDTA's fixed route bus system operates.

Capital Region Urology

www.albanyurology.com

319 South Manning Blvd. Suite 106
Albany, NY 12208
(518) 438-1019

Executive Park Office
4 Executive Park Drive
Albany, NY 12203
(518) 489-7494

Service Provider: Ten physicians and three nurse practitioners at two locations offer high-quality, innovative, and comprehensive urological medicine in office and hospital settings. Services for cancer patients include urologic oncology (prostate, kidney, bladder and testicular cancers) and treatment of laparoscopy/prostate diseases.

Caring Together, Inc.

www.caringtogetherny.org

P.O. Box 12383

Albany, NY 12212

(518) 783-7600

Support Services: Caring Together is an ovarian cancer support, education, and awareness group. Hosts a monthly support group which offers tips for coping with treatment, information and resources for you and your family, and encouragement and support from people who know what dealing with cancer is like. The group is facilitated by a professional, and family and friends are welcome.

Catholic Charities Tri-County Services

http://www.ccrda.org/agencies_and_programs/Catholic-Charities-Tri-County-Services_109_13_sb.htm

50 Herrick Street

Rensselaer, NY

12144 (518) 512-3577

Emergency Services: Multiple services are available for those in crisis or emergency situations, including referrals and some possible financial assistance depending on fund availability.

Housing: Catholic Charities Housing Office (CCHO) operates two emergency homeless shelters in the city of Albany, and coordinates intake with county Department of Social Services offices and the Homeless and Travelers Aid Society (HATAS). Those who are homeless and in need of emergency shelter should begin by contacting their local DSS office. After hours, HATAS 24-hour emergency services is reachable at (518) 463-2124.

Nutrition Services: Food pantries and soup kitchens are operated several days per week in the City of Albany, Troy, and Rensselaer.

Support Services: Case work services are provided to individuals and families, depending on location.

Catholic Charities Senior & Caregiver Support Services

www.ccseniorservices.org

1462 Erie Boulevard

Schenectady, NY

12305 (518) 327-5667

Caregiver, Respite Services: The Caregiver Support Program provides a spectrum of services varying by county. These include respite services, allowing caregivers to take a break for themselves for whatever reason is important to them, as well as care consultation, telephone counseling, and support groups.

Health Insurance Services: The Health Insurance Information, Counseling & Assistance Program (HIICAP) provides information, education, and counseling about Medicare and other health insurances. The HIICAP counseling process includes a complete review of an individual's current and anticipated medical and prescription drug coverage needs. HIICAP staff and volunteers are not associated with any insurance company, and do not sell insurance products. Counseling is non-biased, confidential, and free.

Nutrition Services: The Nutrition Outreach and Education Program (NOEP) offers free, confidential, one-on-one services that connect individuals and families with nutrition assistance programs. NOEP Coordinators help applicants gather documentation for, fill out, and send in applications for SNAP (Supplemental Nutrition Assistance Program, aka “food stamps”). To speak with a NOEP Coordinator: (518) 374-2427, ext. 210.

Transportation: Provides medical transportation services to Schenectady County residents at least 60 years of age. All types of medical appointments are eligible (including chemotherapy, radiation, diagnostic visits/blood tests, and physical therapy), and patients may be ambulatory or in a wheelchair. Door-to-door service is available, and out-of-county travel is accommodated as available. Transportation is free, but a \$4-\$6 donation is encouraged. For more information and registration: 518-357-9801.

Catie Hoch Foundation

www.catiehochfoundation.org

67 Catherine Street
Saratoga Springs, NY 12866
(518) 852-9769

Financial Assistance: Provides families of children with cancer with gas and food cards, funds for housing costs, emergency financial assistance, movie passes, and Kids Cash (money allowing children and their families to take a day off from the hospital and have fun).

Centro Civico

www.centrocivico.org	Albany Office
143-145 East Main Street	230 Green Street
Amsterdam, NY 12010	Albany, NY
12202 (518) 842-3762	(518) 465-1145

Caregiver, Respite Services: Provides hourly respite for caregivers.

Support Services: Latino organization providing ESL interpretation, health care referrals, and counseling.

Cindy’s Comfort Camp

<https://www.doublehranch.org/calendar-event/cindyscomfortcamp/>

Double H Ranch
97 Hidden Valley Road
Lake Luzerne, NY
12846 (518) 926-6640

Camps and Retreats: For children/teens (ages 6-17) who have experienced the death or serious illness of a parent or close relative. Held at Double “H” Ranch in Lake Luzerne, camps are one weekend long each spring and fall. No cost.

Cindy’s Retreat

<https://www.glensfallshospital.org/services/hospital/cancer-center/support-services-survivorship-programs/camps-and-retreats/>

Glens Falls Hospital
100 Park Street
Glens Falls, NY
12801

(518) 926-6640

Camp and Retreats: Convenes for one weekend each fall and spring at the Silver Bay Conference Center in Lake George, offering innovative activities to help women improve their quality of life and reduce the day-to-day stresses of living with cancer. Programs include relaxation training, massage, yoga, health education, emotional expression, and art/music therapy. Registration is \$200, inclusive of lodging, meals, and all activities. Financial assistance is available.

Cleaning for a Reason Foundation

www.cleaningforareason.org

2540 King Arthur Blvd

Suite 230

Lewisville, TX 75056

(877) 337-3348

Support Services: Free monthly professional house cleaning for women undergoing treatment for any type of cancer.

COLD CAPS TREATMENT LOCATIONS & RENTALS

DigniCap System

Closest location is 99 miles away in

UConn Health Neag Comprehensive Cancer Center

263 Farmington Ave, Farmington CT 06030

<https://dignicap.com>

Cost: On average between \$1500-2000 for a full course of chemo.

Paxman System

Closest location is 37.2 miles away

Berkshire Health Systems

725 North St, Pittsfield, MA 01201, USA

<https://paxmanscalpcooling.com>

Cost: Varies from \$1,500-3,000 for course of chemo. Currently a self pay treatment. Providers have reported that some insurance claims have been submitted to health insurance organizations and reimbursement received for scalp cooling treatment costs.

RENTING COLD CAPS

Penguin Cold Caps

Claudia Falzarano: Claudiafalz@gmail.com

(917)-327-7091

<https://penguincoldcaps.com>

The rental price is \$449 (USD) per month. The refundable security deposit is \$249

Arctic Cold Caps

Company provides free access to registered nurses to support clients.

Hotline: (877) 234-1688

<https://arcticcoldcaps.com/services/>

\$379 a month to rent an Arctic cold cap system

Chemo Cold Caps

Free online training and support

(800) 290-7196

\$350 per month rental with additional \$75 shipping fee

<https://chemocoldcaps.com>

ONLINE SUPPORT

- Breastcancer.org has a number of existing chat rooms for cold cap users.
- And the Chemotherapy Support Group on Facebook is a community forum. It's a place to ask questions, offer advice and support each other. Topics discussed in the group cover everything from drug regimens, ways of coping with chemo side-effects, to practical tips on capping. Many members are using or have used cold caps. The group is hosted by Penguin Cold Caps but is not brand specific - all are welcome.
- Cold Cappers Support Group.
- Paxman Scalp Cooling has a patient-centric website, <https://coldcap.com>, which can help patients decide if this process is right for them, and which also offers extensive support and guidance along the capping journey.
- Paxman also has a Facebook support group for past, present and future users of the Paxman system: <https://www.facebook.com/groups/PaxmanScalpCooling>

Community Caregivers

www.communitycaregivers.org

2021 Western Ave Suite 104

Albany, NY 12203

(518) 456-2898

Caregiver, Respite Services: These and all services limited to residents of Albany, Berne, Bethlehem, Guilderland, New Scotland, and Knox. Volunteers allow caregivers to enjoy a break from their caregiving responsibilities by visiting, talking, reading, and crafting (no medical or "hands-on" care). Respite is usually once a week for 2 to 3 hours.

Home Services: Volunteers can carry packages, trim hedges, mow lawns, organize closets, and unpack boxes.

Nutrition Services: Volunteers prepare simple meals for individuals/families, and deliver food from local

pantries. **Transportation Services:** Provides transportation for disabled, elderly, and non-driving individuals for medical

appointments, personal care services, prescription pick-up, and shopping.

The Community Hospice

www.communityhospice.org

295 Valley View Boulevard

Rensselaer, NY

12144

(518) 724-0242

Service Provider: Providers comprehensive health care for persons with advanced illness, assistance with social service concerns, emotional and spiritual support for patients and families, and bereavement services for grieving children and families. Designed to help patients maximize control over their lives and live with dignity when facing a serious illness, hospice provides treatments that address comfort and quality of life. A person is considered eligible for Hospice care if the physician estimates a life expectancy of six months or less, should the disease run its normal course. Comprehensive medical and support care is provided wherever the patient lives, including at home, in nursing homes, and in the hospital. Also offers Palliative Care, which is specialized medical care for people with serious illnesses that focuses on providing patients with relief from the symptoms, pain, and stress of a serious illness.

Caregiver/Respite Services: Once an individual is receiving Hospice services, volunteers can provide respite to caregivers by acting as companions to patients.

Counseling and Bereavement Services: Provides individual and family counseling, support groups, memorial services, referrals, education, and community crisis intervention. All grief counseling services are offered free of charge.

Support Services: The Community Hospice's Wave Riders program is a free weekly support group for grieving families with children or teens, aged 3-17 years old. A safe environment is provided for children to share their grief and seek healing and growth through art therapy, music and discussion. Sessions are held once a week for six weeks at Community Hospice centers in Rensselaer and at Sunnyview Hospital (Schenectady). For adults, a series of support groups is offered. These include Living with Loss for anyone that has lost a family member or friend, Daughters.Group for adult women who have lost a parent, and Widow & Widowers for anyone who is grieving the death of their spouse or partner. All groups are free of charge, and timing varies from monthly to weekly.

Transportation: Once an individual is receiving Hospice services, volunteers can provide transportation to patients and their families.

CORAM (CVS Pharmacy's Specialty Infusion Services)

<https://cvshealth.com/about/our-offerings/cvs-specialty/coram-infusion-services>

12 Jupiter Lane

Albany, NY

12205

(518) 689-2900

Home Health Care: Provides home infusion therapy services to patients, including professional infusion of chemotherapy drugs, hydration, pain medication, and nutrition (including through tube feeds).

County Departments for the Aging

Albany County	Rensselaer County	Schenectady County
162 Washington Avenue	1600 Seventh Avenue, 4th Floor	107 Nott Terrace, Suite 305
Albany, NY 12207	Troy, NY 12180	Schenectady, NY 12308
(518) 447-7198	(518) 270-2730	(518) 382-8481

Health Insurance Services: Health Insurance Information and Counseling Program (HIICAP) provides unbiased information and counseling regarding Medicare (including Part D), New York State EPIC, Long Term Care insurance, and other insurance issues. Trained HIICAP staff and volunteers can help individuals compare private insurance plans that will best fit their needs, find ways to help individuals afford coverage and to fill Medicare’s gaps, understand what the 1% per month penalty for late enrollment means, and solve issues and problems with current plans. To schedule a counseling session in Albany County: (518) 447-7177; Rensselaer County: (518) 270-2768;

Nutrition Assistance: Hot, nutritious meals are provided at sites around each county. Volunteers deliver meals on weekday afternoons to homes of older adults (ages 60+) who are homebound, living alone, frail, physically incapable of preparing a meal, unable to obtain help from others, or lacking facilities to prepare meals. Additionally, in Albany County, a limited supply of Farmers’ Market Coupon Books (\$20) are made available in the summer months (one time only) to local senior centers and groups.

Transportation: In Albany County, scheduled transportation is provided to older adults (ages 60+) who have no other means of transportation and need to access vital appointments and services. Transportation is not guaranteed; all requests for vital transportation will be met before requests for transportation to non-vital services are met. Services are prioritized for those most in need to dialysis, medical appointments, adult day programs, congregate meal sites (when available), and grocery stores (when available). Contributions for rides are accepted, but not required.

In Rensselaer County, vans are assigned to specific Senior Services Centers each day. Requests for transportation require advance notice; all requests are considered based on priority of medical need. Vans may be reserved for one-way trips or round trips. Persons requiring the use of the wheelchair accessible van must be accompanied by an escort. The van driver cannot assist passengers on & off the vehicles.

In Schenectady County, older adult transportation is provided by Catholic Charities’ Senior and Caregiver Support Services (see directory).

County Departments of Social Services

Albany County DSS	Rensselaer County DSS	Schenectady County DSS
162 Washington Avenue	127 Bloomingrove Drive	797 Broadway, #301
Albany, NY 12207	Troy, NY 12180	Schenectady, NY 12305
(518) 447-7300	(518) 833-6000	(518) 388-4470

Emergency Services: Temporary cash benefits can be provided those who do not have enough income to pay for basic needs. Emergency assistance may also be available for a crisis situation, such as an eviction or utility shut-off, or for those who are homeless, with no food, or are a victim of Domestic Violence.

Health Insurance Services: Medicaid provides medical coverage for people who are unable to pay for their medical care and who have income below the eligibility guidelines set by New York State. Individuals covered by Medicaid receive all covered health care services free of charge, with only small \$1-\$3 co-pays for prescriptions. Those age 65 or older, and those receiving Social Security Disability Insurance (SSDI) benefits, must apply to their county DSS office. All others must apply through the New York State of Health Marketplace (855-355-5777; see Healthy Capital District Initiative and UAlbany Navigator Program in directory).

Nutrition Assistance: SNAP (Supplemental Nutrition Assistance Program; aka “food stamps”) funding helps individuals and families afford more food each month. The NYS myBenefits website at <https://www.mybenefits.ny.gov> provides informal screening questions that allow individuals to see if they may be eligible for assistance. An application for SNAP can be printed from the myBenefits website and submitted to the relevant county DSS.

Double H Ranch

www.doublehranch.org

97 Hidden Valley Road

Lake Luzerne, NY

12846

(518) 696-5676

Camps and Retreats: From June until the end of August, provides children ages 6-16 (during regular session) and ages 17-21 (during the alumni session) dealing with critical or life-threatening illnesses the chance to experience the magic of the Adirondacks. During each of the 8 Summer Residential Camp sessions, the Double H Ranch provides camp experiences that are medically sound, memorable, exciting, fun and empowering. Each session lasts 6 days, and the fully equipped medical facility is staffed 24 hours a day by onsite doctors and nurses.

Eddy Visiting Nurse Association (VNA)

<http://www.sphp.com/visiting-nurses-cc>

433 River Street

Troy, NY 12180

(518) 274-6200

Home Health Care: Provides in-home nurse visits (including the care of IV therapy-certified nurses trained to administer chemotherapy and other infusion drugs), home health aide visits, rehabilitation therapies, certified diabetes educators, wound care, ostomy care, palliative care, continence care, monitored medication dispensers, tele-homecare for monitoring of daily vital signs at home, and Eddy Health Alert, a personal emergency response system (PERS). Serves Albany, Rensselaer, Schenectady, Saratoga, Columbia, and Greene counties. Health care providers maintain regular contact with the patient's primary care and other physicians. Accepts Medicare, Medicaid, and most private insurance companies. A sliding fee scale is available.

Support Services: Provides access to a medical social worker for patients and their families.

Eddy Health Alert

<https://www.sphp.com/location/eddy-health-alert#>

433 River Street

Troy, NY 12180

(518) 833-1040

Home Health Care: Offers multiple medical alert systems to help patients remain safe and have peace of mind at home or while traveling outside their home. Options include home landline, home cellular, or mobile (GPRS) personal help buttons. Once the button is pushed, a Personal Response Associate will locate the patient, answer the call, and send the kind of assistance needed, including a neighbor, family member, or emergency services. Installation and education costs \$30; systems cost \$31-\$38 per month.

Empire Home Infusion Services

<http://www.sphp.com/home-infusion-services-iv-therapy>

10 Blacksmith Drive, Suite 2

Malta, NY 12020

(518) 899-8103

Home Health Care: Provides a variety of in-home infusion therapies, including chemotherapy, enteral nutrition,

hydration, and pain management. Pharmacy and delivery teams work closely with the Eddy Visiting Nurse Association (see directory) to coordinate care and provide education to patients and family.

Empire Justice Center

www.empirejustice.org
119 Washington Avenue
Albany, NY 12210
(518) 462-6831

Legal Assistance: Non-profit law firm that provides civil-legal assistance to low-income individuals, including assistance obtaining Social Disability Insurance (SSDI) benefits and public assistance benefits.

EPIC (Elderly Pharmaceutical Insurance Coverage)

https://www.health.ny.gov/health_care/epic/

P.O. Box 15018
Albany, NY 12212
(800) 332-3742

Financial Assistance: Provides secondary coverage for Medicare Part D and EPIC-covered drugs purchased after any Medicare Part D deductible is met. Also covers approved Part D-excluded drugs once a member is enrolled in Part D. Helps pay Medicare Part D drug plan premiums for members with income up to \$23,000 if single or \$29,000 if married. Higher income members are required to pay their own Part D premiums, but EPIC provides premium assistance by lowering their EPIC deductible. EPIC has two plans based on income. The Fee Plan is for members with income up to \$20,000 if single or \$26,000 if married. The Deductible Plan is for members with incomes ranging from \$20,001 to \$75,000 if single or \$26,001 to \$100,000 if married. To join the program, individuals can complete the application and mail or fax it to EPIC; no documentation is required.

Falcon Club

<https://www.falcon-club.com/>

Transportation Services: Offers a variety of vehicle styles to meet comfortability needs.

Floyd Warriors

<http://www.floydwarriors.com/>

582 Route 9P
Saratoga Springs, NY 12866
(518) 429-0461

Support Services: Connects individuals currently undergoing surgery, radiation, or chemotherapy with volunteers who provide services including home cleaning, meal preparation, and childcare.

The Food Pantries for the Capital District

www.thefoodpantries.org

32 Essex Street
Albany, NY 12206
(518) 458-1167

Nutrition Services: Open for calls weekdays from 8:30 am until 4:30 pm to help individuals find the pantry closest to their address. The food pantries provide groceries for at least 3 days for those in need. Serving Albany, Rensselaer, Schenectady, and Saratoga counties.

Get Your Rack Back

<http://getyourrackback.org/>
connie@getyourrackback.org

15A Pointe West Drive
Clifton Park, NY 12065

Financial Assistance: Helps families in crisis by providing restaurant, gas, and grocery gift cards, as well as financial aid, to those struggling to meet their physician and hospital co-pays. GYRB works with local physicians to provide these services to cancer patients who need assistance.

GoodDays

<https://www.mygooddays.org/>

2611 Internet Blvd.
Suite 105
Frisco, TX 75034
(972) 608-7141

Financial Assistance: Provides financial assistance to patients living with chronic conditions who need medications. Patients must have medical insurance with at least 50% coverage to be eligible for copay assistance and have income at or below 500% the Federal Poverty Level. Covered conditions include some blood cancers, liver cancer, medullary thyroid cancer, metastatic breast, colon, and prostate cancers, metastatic melanoma, non-small cell lung cancer, and pancreatic cancer. The Good Days Premium Assistance (PA) Program provides assistance to patients with a qualified diagnosis who need financial assistance to cover the monthly premium for their medical insurance coverage. The Diagnostic Assistance program pays for diagnostic tests even if they are not covered under individuals' insurance.

Transportation: The Travel Concierge Program offers transportation services, from road to air, for pre-approved medical appointments as determined by the patient's prescribing physician. Also books and funds overnight lodging, and helps pay for additional transport costs like gas and meals. Currently covered diagnosis for this travel program are Acute Lymphoblastic Leukemia, Metastatic Castrate Resistant Prostate Cancer, and Multiple Myeloma.

GoodRX

<https://www.goodrx.com>
/ (888) 799-2553

Financial Assistance: Provides free, instant GoodRx coupons that help individuals pay less than the cash prices for prescription drugs. Some prices using coupons are lower than insurance co-pays; hundreds of generic medications are available for \$4 or even free without insurance. No personal information is required, and GoodRx coupons are accepted at virtually every U.S. pharmacy. Pharmacists know how to enter the codes on the coupon to pull up the lowest discount available. GoodRx may be able to find you a lower price than your insurance co-pay.

Healthwell Foundation

<https://www.healthwellfoundation.org/>

P.O. Box 489

Buckeystown, MD 21717

(800) 675-8416

Financial Assistance: Provides financial assistance to adults and children to cover the cost of prescription drug coinsurance, copayments, deductibles, health insurance premiums, and other selected out-of-pocket health care costs. Funds are specific to different cancer diagnoses and open and close depending on availability.

Healthy Capital District Initiative

<http://www.hcdiny.org/>

175 Central Avenue

Albany, New York

12206 (518) 462-7040

Health Insurance Assistance: Navigators assist individuals with signing up for health insurance through the New York State of Health (NYSOH) Marketplace. Health insurance options through NYSOH include Medicaid, the low-cost Essential Plan, and medal-level Qualified Health Plans with income-dependent cost-sharing reduction and tax credit options. Additionally, facilitated enrollees are available to assist with the health insurance application process for elderly, disabled, and blind individuals for Medicaid, the Medicaid Spend-Down Program, the Medicaid Buy-In Program, the Medicare Savings Program, and other programs (available to residents of Albany, Saratoga, Schenectady and Schoharie counties). Community Health Advocates are available to assist individuals in Albany, Schenectady, Saratoga, Schoharie, Columbia, and Greene counties with finding medical services and affordable prescriptions.

Healthy New York

<http://www.dfs.ny.gov/healthyny/>

(866) 432-5849

Health Insurance Services: Provides reduced-cost, comprehensive health insurance to uninsured individuals who have worked at some point within the past 12 months and are within 250% of the Federal Poverty Level.

HIICAP (Medicare Counseling)

Services:

Health Insurance Information and Counseling Program (HIICAP) provides unbiased information and counseling regarding all parts of Medicare (including Part D). Find a Medicare plan that best fits your needs, or get help solving issues and problems with your current plan. To schedule in Albany County: (518) 935-2307; Rensselaer County: (518) 270-2768; Schenectady County: (518) 372-5667; other counties: (800) 701-0501.

Home Instead

<https://www.homeinstead.com/>

1 Rapp Rd, Suite B

Albany, NY 12203

(518) 437-0014

650 Franklin St, Suite 301

Schenectady, NY 12305

(518) 346-6769

Caregiver Services, Respite: Fee-based service providing non-medical in-home care to older adults, including companionship, personal hygiene care (bathing and dressing), and regularly scheduled in-home respite for caregivers.

Household Services: Fee-based service providing laundry, light cleaning, organizational, meal prep, and pet care.

Transportation: Fee-based service providing transportation to doctor's appointments, pharmacies, grocery stores, barbershops and salons, and anywhere else older adults might wish to be transported.

Hope in the Boat

<http://www.hopeintheboat.org>

PO Box 266

Voorheesville, NY 12186

Wellness Programs & Services: This breast cancer survivors' Dragon Boating Association provides survivors the opportunity to regain some control over their bodies after chemotherapy and radiation through exercise and camaraderie. Dragon boating provides physical health benefits, as well as the mental health benefits of increased calm and joy. The team meets regularly for on-water practice when weather permits, and indoors during the remainder of the year. All survivors are welcome, regardless of previous athletic experience.

HopeClub of the Capital Region

<https://www.cancer.org/about-us/local/new-york/hope-club.html>

1 Penny Lane

Latham, NY

12110

(518) 220-6960

Caregiver Services: Provides one-on-one support, as well as a weekly Friends, Family, & Caregivers support group. Interested caregivers can call to schedule a new member meeting. All services are provided free of cost.

Nutrition: Weekly community lunch, Bon Appetit, is offered at no cost to all members with advance sign-up. Membership is free and can be obtained through a new member meeting with HopeClub staff.

Support Services: Weekly, professionally-led support groups offered include Wellness for individuals currently undergoing cancer treatment, Friends and Family for the loved ones and caregivers of those living with cancer, Recurrence for those living with a cancer that has recurred, and Living With Loss for those who have lost a loved one to cancer. Kids Club, which provides a safe space for children whose lives have been affected by cancer, is held regularly in concurrence with Wellness and Friends/Family groups. Monthly groups include Men to Men, a peer-run support group for men living with prostate and other cancers, and Take Life Back, a young adults group for individuals aged 21-45 who have had or are living with cancer. Monthly networking groups include breast, blood, ovarian, and thyroid cancers. One-on-one and family support is also offered. Anyone interested in attending a support group is encouraged to first schedule a new member meeting by calling HopeClub.

Wellness Programs & Services: Twice-weekly gentle yoga, weekly gentle pilates, monthly reiki and massage sessions (by appointment only), and weekly mindfulness meditation and movement sessions are offered at no cost to members. Nia Movement & Yoga, mindfulness workshops, and other wellness programs are scheduled throughout the year. Membership is free and can be obtained through a new member meeting with HopeClub staff.

Wigs, Protheses, & Head Coverings: Complimentary wig fittings are provided to anyone undergoing cancer treatment, and one wig is provided to each patient free of charge. Wig selection varies depending on volume

and variation of donated wigs. Knitted caps and head scarves are also available free of charge.

Image Guided Radiation Therapy

www.igrt.com

713 Troy-Schenectady Road, Suite 124

Latham, NY

12110

(518) 213-0305

Service Provider: Offers radiation oncology treatment in a spa-like setting with amenities that include a gym, café, and pharmacy. Radiation services offered include Image Guided Radiation Therapy (IGRT), RapidArc radiotherapy, external beam radiation therapy, and brachytherapy.

Jewish Family Services

www.jfsneny.org

877 Madison Avenue Albany, NY

12208 (518) 482-8856

Support Services: Provides grief counseling and general mental health counseling for individuals and families of all religions, ethnicities, and income levels. Some insurance plans accepted.

Transportation: Project Five provides trained volunteers who can drive Jewish older adults ages 60 and over to medical appointments and for shopping. Fees apply. More information: 518-514-2143.

Joe's House

www.joeshouse.org

(877) 563-7468

Housing: Helps cancer patients and their families find a place to stay when traveling away from home for medical treatment by maintaining a national directory of cancer treatment centers with nearby lodging facilities that offer patient discounts.

Joan Nicole Prince Home

<https://www.joannicoleprincehome.org/>

22 Glenview Drive, Scotia, NY 12302

(518) 346-5471

Eligibility: Residents of Schenectady County or a surrounding county who have been accepted by their local hospice program, are within the last three month of their lives, and who can no longer safely remain in their homes. DNR must be in place. Patients must be willing to forgo IVs, feeding tubes, etc.

Services: Staff and volunteers interact with hospice nurses, social workers, and pastoral care to meet the individual needs of each resident 24/7. Two residents accommodated at a time. All services provided free of charge

Legal Aid Society of Northeastern NY

www.lasny.org

95 Central Avenue

Albany, New York 12206

(833)- 628-0087

Legal Services: Offers free legal services for low-income and homeless individuals and families, including full representation, brief services, brief advice, and referral related to matters of domestic violence, family law, housing, public benefits, and foreclosure. Emergency intakes can be completed for those who have a court hearing or other legal deadline within five business days, lack shelter, or have had a child taken by CPS or an unauthorized person.

The Legal Project

<https://legalproject.org/>

(518) 435-1770 | 24 Aviation Road, Suite 101, Albany, NY 12205

Services: Help completing wills, health care proxies, powers of attorney. Homeowner protection programs are also offered.

The Leukemia & Lymphoma Society (LLS)

www.lls.org

5 Computer Dr W Ste 100

Albany, NY 12205

(518) 438-3583

Caregiver Support: Hosts a weekly online chat for family and friends to discuss issues such as the anxiety of a new diagnosis, caregiver "burnout," and other issues related to caring for someone with a blood cancer.

Financial Assistance: Co-Pay Assistance Program offers financial support toward the cost of insurance co-pays and premiums for prescriptions for individuals with some blood cancers whose income is below 500% of the Federal Poverty Level. The PCR Financial Assistance Program provides financial support to blood cancer patients. The Susan Lang Pay-It-Forward Patient Travel Assistance program supports blood cancer patients, with significant financial need, by funding approved expenses including ground transportation, air travel, and lodging related expenses.

Support Services: Hosts a local monthly Adult Blood Cancer support group at HopeClub (see directory) for adult patients, friends, and family members. Also hosts a weekly two-hour online support group for people living with non-Hodgkin lymphoma or chronic myeloid leukemia and young adults (aged 18-39) living with blood cancer. Additionally offers First Connection, a telephone support program that links newly diagnosed people with a blood-related cancer and/or their caregivers to a trained peer volunteer who has experienced a similar situation.

Clinical Trials: Free and confidential clinical trials matching service is available to patients, families, and health care workers. Offers clinical trial navigation in some circumstances. More information: (800) 955-4572.

LIVESTRONG at the YMCA

<http://cdymca.org/programs/chronic-diseases/livestrong-at-the-ymca/>

1 Wall Street Clifton

Park, NY 12065

(518) 371-2139

Wellness: Provides adult cancer survivors with a safe, supportive environment where they can participate in physical and social activities that focus on strengthening the whole person. The no-cost, 12-week program meets twice a week for 90 minutes, using traditional and holistic exercise methods to help participants build strength, increase flexibility and endurance, and improve confidence and self-esteem. YMCA staff have been specially trained to work with cancer survivors, and they follow American College of Sports Medicine and American Cancer Society exercise guidelines.

Lung Cancer Alliance

www.lungcanceralliance.org

g (800) 298-2436

Clinical Trials: LungMATCH, a clinical trial matching service, can identify available clinical trials based on the patient's diagnosis and treatment history: (800) 698-0931.

Support Services: Provides a 24/7 support, information, and referral line for anyone with questions and concerns about lung cancer. Also provides peer-to-peer telephone support for people with lung cancer and their caregivers, through which volunteers lend support and share information and resources, as well as an online support community.

Lungevity

<https://www.lungevity.org/>

Support Services: Provides a 24/7 support hotline, offers online communities, facilitates peer-to-peer communication, and also hosts survivorship conferences.

Make-A-Wish Foundation of Northeastern New York

www.neny.wish.org

3 Washington

Square Albany, NY

12205

(518) 456-9474

Support Services: Grants wishes to children between the ages of 2 ½ and 18 with life-threatening medical conditions. Referrals can be made by medical professionals or by parents.

Marathon For A Better Life

<https://www.marathonforabetterlife.org/>

PO Box 268

Warnerville, NY

12187

(518) 291-9238

Financial Support: Financial support to any Schoharie County resident with cancer, no financial requirement.

Marra's Pharmacy

<https://marraspharmacy.com/>

217 Remsen St.
Cohoes, NY
12047
(518) 237-2110

Durable Medical Equipment; Wigs, Prosthesis, and Accessories: Family-owned, independent pharmacy located in downtown Cohoes. Services include prescription processing and consultation, prescription monitoring, and durable medical equipment and home health care sales, rentals, and service (including wheelchairs and wigs). Most major insurance plans are accepted.

Mary's Haven

<http://www.maryshaven.org/>
35 New Street, Saratoga Springs, NY 12866
(518) 584-9397

Eligibility: Dying persons with irreversible illness who are within the last three months of their lives and who can no longer safely remain in their homes. DNR must be in place. Patients must be willing to forgo IVs, feeding tubes, etc.
Services: Staff and volunteers interact with hospice nurses, social workers, and pastoral care to meet the individual needs of each resident 24/7. Two residents accommodated at a time. All services provided free of charge

Medicaid Cancer Treatment Program (MCTP)

<https://www.health.ny.gov/diseases/cancer/treatment/mctp>
/ Albany & Rensselaer Counties: (518) 525-8680
Schenectady County: (518) 841-3726

Health Insurance Services: Medicaid program for eligible individuals needing treatment for breast, cervical, colorectal or prostate cancer (and in some cases, pre-cancerous conditions of these cancers). To qualify, individuals cannot be covered under any creditable insurance at the time of application; those seeking treatment for colon or prostate cancer must be under 250% of the Federal Poverty Level and under age 65. To be enrolled, an individual must complete an application with a New York State Cancer Services Program (CSP), whose phone numbers are listed above.

Miles of Hope Breast Cancer Foundation

<https://milesofhope.org/>
P.O. Box 405
Lagrangeville, NY 12540

Services Provided: . This is a breast cancer organization that provides support to women with breast cancer who reside in the Hudson Valley (Counties include: Columbia, Dutchess, Putnam, Westchester, Orange, Ulster, Greene and Sullivan). They provide financial support and peer to peer counseling. In terms of financial support, they offer \$1,000 to breast cancer patients to assist with financial emergencies that are not covered by insurance.

Nancy B. Clemente Cancer Fund

<http://clementefund.org/>
369 Brunswick Road

Troy, New York 12180

Support Services: Hosts monthly Thrivers Connection luncheons to provide education and information regarding different patient-chosen topics related to cancer.

Wellness & Exercise Services: Funds an eight-week Cancer Fitness and Wellness Program to help individuals manage the physical side effects of cancer treatment and aid in the recovery process. Program offered free of charge at Samaritan Hospital. A physician referral is required.

National Cancer Institute Cancer Information Service

www.cancer.gov
BG 9609 MSC 9760
9609 Medical Center Drive
Bethesda, MD
20892
(800) 422-6237

Clinical Trials: Provides a searchable national public database listing current clinical cancer trials supported by the National Cancer Institute, and information regarding non-NCI clinical trials: <https://www.cancer.gov/about-cancer/treatment/clinical-trials/search>

Smoking Cessation: The NCI Contact Center can help individuals quit smoking via its Smoking Quitline number: (877) 44U-QUIT (1-877-448-7848). Telephone service available in both English and Spanish.

Support Services: Provides online information about cancer prevention, screening, diagnosis, treatment, and survivorship for patients, caregivers, and public health professionals. Information specialists at the NCI Contact Center are available to help answer cancer-related questions in English and Spanish, as well: (800) 4-CANCER.

New York Oncology Hematology (NYOH)

www.newyorkoncology.com
400 Patroon Creek Blvd., Suite 1
Albany, NY
12206 (518) 489-0044

Service Provider: Cancer treatment provider with offices in six locations, including Albany Cancer Center/ Patroon Creek Blvd, Albany Medical Center, Amsterdam, Clifton Park, Hudson, and Troy. Offers advanced treatment options in medical oncology, radiation oncology, neuro-oncology and hematology, and the Capital Region's only stem cell transplant program. Affiliation with the US Oncology Network provides a large clinical research operation, bringing hundreds of national drug trials directly to patients. NYOH, also offers a hereditary risk assessment program to help patients and their families understand and evaluate their risk for certain diseases (518-262-1068).

Clinical Trials: NYOH participates in Phase I/II and III clinical trials involving chemotherapy, immunotherapy, radiation therapy and stem cell transplantation. They participate in National Cancer Institute (NCI) sponsored research through the Eastern Cooperative Oncology Group (ECOG), and the National Surgical Adjuvant Breast and Bowel Project (NSABP), as well as studies from US Oncology and Radiation Therapy Oncology Group (RTOG). More information: <http://newyorkoncology.com/clinical-trials-research/>

Financial Assistance: NYOH Community Cancer Foundation provides emergency financial support to NYOH

patients, assisting with critical daily living expenses such as transportation, medication not covered by insurance, groceries, and utilities.

Support Services: NYOH provides support groups, navigation services, social work services and palliative care services.

NYConnects

<https://www.nyconnects.ny.gov/>

162 Washington
Ave, Albany, NY,
12210
518-447-7177

Support Services: Provides free, unbiased information about services and supports in New York State for people of all ages or with any type of disability. Includes medical and non-medical services a person needs to improve or maintain health and independence, including home care, transportation, and meals.

New York State Smokers' Quitline

<http://www.nysmokefree.com>

1-866-NY-QUITS (1-866-697-8487)

Smoking and Tobacco Cessation: Offers free starter kits that include nicotine patches, gum, or lozenges for eligible smokers. Trained quitline specialists offer help with quit plans and provide information about local smoking cessation support programs. Also hosts a free online forum for smokers and past smokers to discuss tips for quitting cigarettes.

Northeast Home Medical Equipment & Supplies

<http://www.sphp.com/medical-equipment-2>

60 Cohoes Ave
Green Island, NY
12183 (518) 271-9600

Durable Medical Equipment/Home Medical Equipment: A member of St. Peter's Health Partners, Northeast Home provides medical equipment and supplies to help patients recuperate and remain in their homes. Equipment includes wheelchairs, hospital beds, canes, walkers, crutches, oxygen systems, nebulizers, and BiPap machines. Respiratory therapists can make home visits to assist with respiratory supplies. Medical equipment technicians provide free delivery, set-up and instructions. A retail showroom is located at the address above.

NurseCore

<http://www.nursecore.com/>

1218 Central Ave
Albany, NY
12205 (518) 438-
3900

Home Care Services: Provides medical staffing and home care services, including RNs, LPNs, CNAs, home health aides, PT, OT, and speech therapists, social workers, companion care, and childcare. Medicare and Medicaid not accepted.

Support Services: Licensed nurses provide companion services, including accompaniment to doctor's appointments, light housekeeping, meal preparation, grocery shopping, morning and nighttime aid, and prescription pickup.

PAN Foundation

<https://panfoundation.org>

/ PO Box 30500

Bethesda, MD 20824

(866) 316-7263

Financial Assistance: Offers disease-specific assistance programs to help patients pay for out-of-pocket health care-related costs, such as deductibles, co-pays and coinsurance, travel expenses and health insurance premiums. Funds open and close as availability of funds allows, and funds are specific to different types of cancer, including different blood cancers, colorectal cancer, melanoma, metastatic breast and prostate cancers, non-small cell lung cancer, ovarian cancer, renal cell carcinoma, and thyroid cancer.

Patient Advocate Foundation (PAF)

www.copays.org

(866) 512-3861

Financial Assistance: Provides small grants to cover basic living expenses (utilities, gas, groceries, etc.) and/or transportation expenses to patients who meet financial and medical criteria; grants are provided on a first-come first-served basis and are distributed until funds are depleted. Qualifications and processes for each fund differ; funds include metastatic breast cancer, metastatic lung cancer, metastatic melanoma, multiple myeloma, and merkel cell carcinoma. Co-Pay Relief Program provides direct co-payment assistance for prescription drugs to insured individuals who financially and medically qualify; qualifications vary depending on type of cancer.

Support Services: MedCareLine is staffed with a team of nurses and case managers who provide individualized case management services to patients and caregivers. Assists with insurance education and navigation, including understanding appeals processes, second opinion options, and clinical trials coverage; also links patients who are experiencing financial challenges to available financial support programs. Uninsured patients can receive education and direct support in accessing public programs and charity care. PAF also hosts specific phone support lines, including the Colorectal CareLine (866) 657- 8634), Donna CareLine for breast cancer patients, WV Lung Cancer CareLine, ZERO360 Line for men diagnosed with prostate cancer, and the Genomic Testing Support CareLine.

Pine Bush Mental Health

<http://www.pinebushmentalhealth.com/>

1A Pine West

Plaza Albany, NY

12205 (518) 862-

1665

Counseling and Bereavement Services: Provides individual and family counseling, psychotherapy, psychiatry (medication management), and marriage and family therapy along with individualized assessment and

treatment planning. Children, adolescents, adults, and older adults are welcome.

The Pink Fund

<https://www.pinkfund.org>

/(877) 234-7465

PO Box 603

Bloomfield Hills, MI 48303

Financial Assistance: Provides non-medical cost-of-living expenses to breast cancer patients in active treatment. The amount of assistance given is capped at \$3,000 based on qualification, available funds, and need. Includes possible direct bill payment of utility bills, mortgage or rent, car or car insurance, and health insurance premiums. Follows a rigorous qualification process and requires a significant amount of documentation; applicants must be able to demonstrate needs based on debt to income ratio and recent hardship.

Ronald McDonald House

www.rmhcotalbany.org

139 South Lake Avenue

Albany, NY

12208 (518) 438-

2655

Housing Services: Provides a home away from home, free of charge, for families with children who are terminally ill or facing life-threatening challenges. Albany Medical Center Hospital is located within walking distance of the house, and complimentary shuttle service to and from the hospital is available on weekdays. Lodging includes complimentary wireless internet, daily dinner, computer access, laundry facilities, full kitchen, and play spaces with toys. Each private bedroom includes a queen bed and full bathroom, heat, air conditioning, bed linens, and towels; some rooms also offer twin beds, and several are handicap-accessible. Roll-away beds and cribs are available upon request. Although the stay limit is typically 30 days, stay needs of 90 days or longer will be considered based on need.

Rudy A. Cittotti Family Recreation Center Cancer Fitness Program

<https://www.ciccotticenter.org/services/fitness-programs/>

30 Aviation Road

Albany, NY 12205

(518) 867-8920

Wellness: Offers an eight-week cancer fitness program to help patients and survivors improve muscle function and range of motion, reduce fatigue, and manage other cancer treatment considerations. Includes assessments at the beginning and end of the program, an individualized exercise plan, two 60-minute group workout sessions per week, unlimited full access to the recreation center (including indoor water park, strength training equipment, lap pool, indoor track, massage therapy, and child care for children ages six months through five years), a summary report provided to participants and their health care providers, and the option to join the recreation center with waived enrollment at the end of the program.

Rural Law Center

<http://www.rurallawcenter.org/>

1528 Columbia Turnpike
Castleton-on-Hudson, NY 12033
(518) 477-7137
Toll free hotline - (866)-324-1183

Services: Legal assistance for rural residents facing debt collection, landlord/tenant matters, and eviction or foreclosure

Self-Help for Women with Breast or Ovarian Cancer (SHARE)

<https://www.sharecancersupport.org/>

165 West 46th Street, Suite 712
New York, NY 10036
844-275-7427

Support Services: SHARE's ovarian and breast cancer helplines provide answers to cancer-related questions, discuss treatments, help callers make informed decisions, and connect callers with peers who have been in a similar situation. Telephone support groups are provided for women diagnosed with various stages of breast and ovarian cancer.

Life Path (formerly Senior Services of Albany)

[LifePath \(formerly Senior Services of Albany\) |](#)

28 Colvin Avenue
Suite 2
Albany, NY
12206 (518) 465-
3322

Caregiver Support: Caregiver Connection provides personal guidance identifying strategies, options, and resources for the care of older adult loved ones. Consultations with an Elder Care Counselor take place by phone, email, or in person. Caregivers can receive targeted written information and have follow-up contact with their counselor as needed. Counselors can provide a comprehensive, accurate, and detailed look at all local resources available to caregivers and their loved ones, including housing options, home care, adult day programs, and government programs.

Financial Assistance: The City of Albany Prescription Relief Program provides screening for City of Albany residents of all ages for the many brand-name drugs offered free directly from drug manufacturers. Senior Services researches and assists in the application process for these programs.

Health Insurance Services: Health Insurance Information and Counseling Program (HIICAP) provides unbiased information, education, and counseling regarding Medicare (including Part D), New York State EPIC, Long Term Care insurance, and other insurance issues. Trained HIICAP staff and volunteers can help individuals compare private insurance plans that will best fit their needs and solve issues and problems with current plans.

Nutrition Services: Hot meals are provided for a small voluntary contribution to older adults ages 60+ at sites throughout Albany County. Meals on Demand provides a hot, prepared-from-scratch, nutritious meal delivered to individuals' doors on weekdays (frozen meals can be delivered for weekend consumption) for the cost of \$7.25 per meal. The Meals on Wheels program provides a hot, nutritious meal delivered daily on weekday afternoons, with frozen weekend meals available upon request, for the cost of \$36 per week or for free if eligible through Albany County Department of Aging (see directory).

Transportation: Provides transportation for older adults using wheelchairs, single riders, and groups of up to 11. Individually scheduled trips can be to medical appointments or congregate dining locations, and regularly scheduled group trips are provided to grocery stores and pharmacies. Individuals in Albany County may be eligible to have rides to

the doctor or dialysis paid by Albany County Office for Aging; to go to a community dining site, riders must be 60 years or older. The regularly scheduled shopping shuttles are paid for by Albany County Office for Aging. Some funding may be available through a small transportation grant to pay for rides to visit a loved one in a hospital or nursing home.

Simplifying Lives

<https://lifemaidsimple.com/>

(518) 384-3878

Support Services: Provides free house cleaning and organizational services to men, women, and parents of children undergoing cancer treatment. Recipients must live in Albany, Schenectady, or Saratoga counties. Each recipient is offered four free cleanings on a monthly schedule. Can also connect patients and families with local business partners who offer discounted rates for services like lawn care, snow removal, plumbing, heating & cooling, spa and salon services, and moving.

St. Peter's Breast Center

317 South Manning Boulevard, Suite 305

Albany, NY

12208 (518) 525-

7536

Service Provider: Provides services for the early detection, diagnosis and treatment of breast disease, including digital mammography (often with same-visit results or same-visit additional diagnostic testing), breast MRI, breast ultrasound, biopsy, lumpectomy, mastectomy, and reconstructive surgery.

Support Services: Offers a Breast Health Navigator to breast cancer patients, who provides coordination of care between different physicians and offices, acts as a consistent contact person throughout the care process, helps patients connect to and access community resources and support services, and helps patients better understand their disease, treatment options, and care plans. Also provides access to social workers and spiritual care.

Susan G. Komen Upstate New York

<https://komenupstatenewyork.org/>

742 Delaware Avenue

Buffalo, NY 14029

(716) 887-2646

Clinical Trials: Provides comprehensive information regarding patient access to and advocacy for clinical trials.

Support Services: Provides information about the prevention, diagnosis, and treatment of breast cancer.

The Acupuncture Office

<https://www.theacupunctureoffice.net/about.html>

15-B Century Hill Drive

Albany, NY 12110

Services Provided: Licensed Acupuncturists offering a variety of acupuncture treatments and traditional oriental medicine services

The Butt Stops Here

<http://www.sphp.com/community-wellness-programs>

Tobacco Cessation: Award-winning program that has helped thousands to stop smoking. The program fee is \$45 and the Medicaid fee is \$20. There is no fee for CDPHP participants. The program consists of seven one-hour sessions and includes a workbook and two weeks of nicotine patches or gum. Group support, facilitator-led. Offered at both St. Peter's and St. Mary's Hospitals. Registration required. Offered throughout the year. St. Peter's Hospital Program: (518) 525-1827. St. Mary's Hospital Program: (518) 268-5727.

The Courage 2 Quit

<http://www.sphp.com/community-wellness-programs>

Tobacco Cessation: A faith-based smoking cessation group that meets once a week: Thursdays 7:30 - 8:30 PM at the Capital City Rescue Mission (259 S. Pearl Street, Albany) and the Mondays 6:30 - 7:30 PM at the City Mission of Schenectady (425 Hamilton Street, Schenectady). Participants can join at any time. It uses elements from The Butt Stops Here Program (see directory) and sessions are conducted by a mission staff member. Includes cessation materials and two weeks of nicotine patches or gum. No registration required.

To Life!

<http://www.tolife.org/>

410 Kenwood Avenue

Delmar, NY 12054

518-439-5975

110 Spring Street

Saratoga Springs, NY 12866

(518) 587-3820

Support Services: Offers a monthly support group in Delmar for those who are newly diagnosed with or in treatment for breast cancer; a monthly support group in Saratoga Springs for women affected by breast cancer as well as their family members and friends; a monthly support group in Delmar for women affected by stage four and metastatic breast cancer; and a monthly support group in Delmar women diagnosed with breast cancer in their 40's or younger. For women who have been recently diagnosed with breast cancer, To Life! offers the opportunity to be paired with a survivor mentor who offers emotional support and practical coping tips. Delmar location also features a library of informational and supportive books and DVDs related to breast cancer that may be borrowed.

Wellness Promotion and Recreation: Partnering with To Life!, Poise Studios in Slingerlands offers breast cancer patients and survivors weekly free participation in the Yoga 101 class on Thursday afternoons at 6:30 - 7:15pm or in Hot Vinyasa Flow yoga on Saturday mornings at 9:30 - 10:30 am. Cancer survivors and their friends and family members have access to the Bethlehem YMCA's climate-controlled indoor track, free of charge and without a YMCA membership, on Mondays 12 - 1 pm, Wednesdays 4 - 5 pm, and Fridays 9 - 10 am.

Wigs, Prosthesis and Accessories: The Delmar and Saratoga boutiques provide a private, personalized environment where wigs, breast prostheses, mastectomy bras, post-surgical camisoles, compression bras for lymphedema, swimwear, scarves, and hats are available. Boutiques accept many of the insurance plans that cover wigs, prostheses, and post-surgical apparel as durable medical equipment (DME), including Medicare. Boutique associates are certified mastectomy fitters (CFM). All fittings are by appointment.

Urological Institute of Northeastern New York

Albany Medical Center's South Clinical Campus
23 Hackett Boulevard
Albany, NY 12208
(518) 262-3341

Service Providers/Support Services: Offers specialty treatments and consultations for male, female, pediatric and prenatal urological conditions, including bladder cancer, kidney cancer, prostate cancer, testicular cancer, male fertility and erectile dysfunction, urinary incontinence, overactive bladder, and pelvic organ prolapse.

Visiting Nurse Service of Northeastern New York

www.vnshomecare.org
108 Erie Boulevard
Schenectady, NY 12305
(518) 382-7932

Home Health Care: In-home services provided by RNs, LPNs, home health aids, physical therapists, occupational therapists, speech therapists, respiratory therapists, and registered dietitians. Serves Schenectady, Albany, Saratoga, Schoharie, and Warren counties. Medicare, Medicaid, and most major local insurance plans accepted.

Support Services: Social workers and chaplains (for spiritual services) are available to patients and their families.

Visiting Nurses Home Care

<http://vnhc.com/>
108 Erie Boulevard
Schenectady NY 12305
(518) 382- 7932

Home Health Care: Home Health Aides provide colostomy care, dressing stable skin surfaces, taking oral and axillary temperatures, taking blood pressure and counting respirations, and assisting with braces, splints and slings. Personal Care Aides provide assistance with bathing, toileting, eating and dressing, housekeeping, laundry, meal preparation, transferring, and medication reminders. Home care may be covered by various insurances or can be privately paid.

Support Services: Companions can provide services such as meal preparation, light housekeeping, laundry, errand services, grocery shopping, escort to appointments and activities, recreation/socialization, and supervision.

VNA Home Health

35 Colvin Avenue
Albany, NY 12206
(518) 489-2681

www.vnaalbany.org

g

Home Health Care: Services include infusion therapy (chemotherapy, hydration, etc.), ostomy care, acute and chronic disease management and monitoring, wound care, and medication management. Physical, occupational, and speech therapy are also provided. Certified home health aides can provide intermittent assistance with activities such as bathing, dressing, meal preparation, laundry, and light household chores.

Support Services: Social workers are available to assess patient needs, provide education, identify community resources and support for patients and families, and provide counseling related to medical limitations, adjustment to disease process, and assist with long term planning.

Voice Care Personal Emergency Response Service

[http://www.vnshomecare.org/services/emergency-voice-](http://www.vnshomecare.org/services/emergency-voice-care.aspx)

[care.aspx](http://www.vnshomecare.org/services/emergency-voice-care.aspx) Visiting Nurse Society of Northeastern New York

108 Erie Boulevard

Schenectady, NY

12305 (518) 382-8050

x334

Home Health Care: Provides 24/7 assistance at the touch of a water-resistant button, which can be worn and activated anywhere in the home. Medical, fire, and police protection can all be activated. Individuals do not need to be a patient of the VNS to receive services. Cost is approximately \$30 per month.

Whitney M. Young, Jr. Health Center

<http://www.wmyhealth.org>

920 Lark Drive

Albany, NY

12207 (518) 465-

4771

Financial Assistance, Health Insurance Services: Whitney Young Health offers a sliding fee scale payment plan (the Discount Program) based on income and family size. Works with Price Chopper's HouseCalls Pharmacy, Walgreens, Rite Aid and Aureus Specialty Pharmacy to offer prescriptions at reduced costs for current patients.

Service Provider: Provides comprehensive health care, including primary care, pregnancy testing, obstetrics, the Family Alcoholism and Chemical Treatment Services (FACTS) Program, methadone maintenance, an onsite pharmacy at the Albany Health Center, on-site laboratory testing at the Albany and Troy Health Centers, and vision and dental services. Accepts Medicare, straight Medicaid, Medicaid Managed Care plans, and most major local insurance plans, including Essential Plans.

Women's Cancer Care Associates

<http://www.womenscancer.net>

319 South Manning Blvd., Suite 301

Albany, NY 12208

(518) 458-1390

Service Provider: Offers gynecologic oncology services, including advanced gynecologic surgery, minimally invasive surgery including robotic surgery, chemotherapy treatment, and palliative care. Affiliated with St. Peter's Hospital

and Albany Medical Center for surgical purposes. Participates with Medicare, Medicaid, and most local insurance plans.

Clinical Trials: Participates in Phase II and Phase III clinical trials for gynecologic cancers through affiliation with NRG Oncology (a National Cancer Institute-funded cooperative group; see National Cancer Institute in directory). Also participates in pharmaceutical-sponsored trials.

WIGS AND OTHER HAIR SUPPLIES

Reflections Hair

151 George St.
Green Island, NY 12183
518-272-0282
Andrea Mason

Shelley Salon & Day Spa

2 Greenbush Ave.
East Greenbush, NY 12061
518-479-1500

Jean Paul

594 New Loudon Rd
Newton Plaza
Latham, NY 12110
518-482-2121

June's Unisex Hair Styling

2246 15th St.
Troy, NY 12180
518-271-6667

To Life

410 Kenwood Ave.
Delmar, NY 12054
518-439-5975

International Hair Design by Ralf

Wig Studio/Private Room/Fitting
1753 State St., Schenectady, NY
518-346-1005

American Cancer Society

One Penny Lane
Latham, NY 12110
518-220-6960

YMCA Circle of Champs

<https://cdymca.org/programs/circle-of-champs/>

465 New Karner Road

Albany, NY 12203

(518) 456- 3634

x1111

Camps and Retreats: Supports children who have been touched by a life-threatening illness by providing access to one week of YMCA summer camp free of charge, free activities throughout the year, and a discounted membership to the Capital District YMCA.

Young Survival Coalition

<https://www.youngsurvival.org/>

75 Broad Street, Suite 409

New York, NY 10004

(877) 972-1011

Support Services: Offers connections and outreach to young women who are diagnosed with breast cancer to help them feel supported, empowered, and hopeful. Local YSC Face 2 Face networks (F2F) are grassroots support and social networks that bring together young women at all stages of a breast cancer diagnosis, treatment or recovery to support and learn from each other; <http://community.youngsurvival.org/> serves as an online discussion board for the same purpose. SurvivorLink Peer Mentoring connects young women diagnosed with breast cancer with trained peer mentors who have been in the same situation.