

Virtual Cancer Support Group

Bi-weekly sessions on Wednesdays
3:00pm - 4:00pm

Led by New York Oncology Hematology
Social Worker, Frances Ford, LCSW

Welcoming individuals at any stage of their cancer journey, this support group provides a space for empowerment. Attendees, whether recently diagnosed or those managing their condition, have the flexibility to join at their convenience. Together, we'll embark on a journey to:

- Confront challenging emotions, empowering each other to address fears and worries head-on.
- Share coping strategies that nurture hopefulness, promoting emotional and spiritual well-being.
- Forge meaningful connections with fellow patients who understand and navigate similar struggles, fostering a supportive community.

To register for this free support group, call Frances Ford, LCSW at 518-489-3612 x 1042.

2026 Dates

Jan 7 and 21

Feb 4 and 18

March 4 and 18

April 1, 15 and 29

May 13 and 27

June 10 and 24

July 8 and 22

August 5 and 19

September, 2, 16, and 30

October 14 and 28

Nov 11 and 25

December 9 and 23

