

# What to expect



Receive cap and accessories from Cooler Heads



Complete
Cooler Heads
virtual training
with online
resources



Self-administer scalp cooling therapy with you chemotherapy infusion



You can resume treatment out of infusion chair

# Amma<sup>™</sup> is currently offered at these NYOH Locations:

Albany Cancer Center Suite 1 (518) 489-0044 Suite 210 (518) 801-0724

Clifton Park Cancer Center (518) 831-4434

Call for more details!



# Portable Scalp Cooling to Reduce Hair Loss from Chemotherapy

Amma<sup>™</sup> is portable and designed to be used by patients independently. You can complete your post chemotherapy cooling outside of the infusion chair – just find an outlet someplace comfortable. Amma<sup>™</sup> gives people undergoing chemotherapy the option to use scalp cooling to mitigate hair loss. Hair loss during chemotherapy doesn't just impact how someone looks – it can announce to the world that someone is sick. We believe eligible patients should have the choice to keep their diagnosis private.

#### What is Amma™?

 $Amma^{TM}$  is the first FDA-cleared, portable scalp cooling medical device to reduce chemotherapy-induced hair loss.

#### How does Amma™ work?

Amma™ brings your scalp temperature to 65F° before, during, and after chemotherapy. The cold temperature helps limit the amount of chemotherapy drugs absorbed by hair follicles so you can preserve your hair.

## How does Amma™ help me?

Amma™ gives patients a choice in whether or not they want to keep their hair during chemotherapy.

# What can I expect from scalp cooling?

Successful scalp cooling limits your hair loss, striving to keep as much as possible. Amount of hair retention is largely dependent on your specific chemotherapy drug and dose. Your hair will be thinner, but our goal is to preserve enough of your hair so you can look and feel like yourself.

#### How do I use Amma™?

You will use Amma™ 30 min before chemotherapy, during chemotherapy, and for at least 2 hours following the completion of your chemotherapy infusion.

## How do I become an expert?

We know that beginning chemotherapy can be very overwhelming so we want you to feel confident with scalp cooling on Day 1 of treatment. We have a comprehensive curriculum on everything you'll need to know to be a scalp cooling expert. You can expect to spend around 1 hour on the training. We will also focus on things like hair care and post-treatment tricks for styling and washing.

### What does Amma™ cost?

The cost of scalp cooling is \$2,000.00, which includes the scalp cooling wrap and cap, as well as some helpful accessories for hair preparation! You will also receive a Cooler Heads tote bag to store all of your scalp cooling items.

